



## **School District High School Lunch Menu**



Farm Fresh Produce

					tool Inc.	
	Monday	Tuesday	Wednesday	Thursday	Friday	A TATULE TO SERVICE
FEATURES	Greek Style Gyros Whole Grain Pita Fresh Tzatziki Sauce Steamed Lemon Dill Rice Israeli Salad Fresh Strawberries	BBQ Pulled Pork* Steamed Pretzel Bun Purple Cabbage Slaw BBQ Baked Beans Fresh Baked Cinnamon Apples	General Tso V Diced Chicken or Tofu Veggie Fried Brown Rice Spicy Edamame Asian Veggie Fusion Mandarin Oranges	Chicago Style Hot Dogs Yellow Mustard, Green Relish, Chopped White Onion, Tomato Wedges, Pickle, Sport Peppers, and Celery Salt Fresh Watermelon	Lemon Peppered Haddock Rice Pilaf Steamed Broccoli Grilled Zucchini Plump Blueberries	Select a Juicy Beef Burger, Veggie Burg Crispy Chicken, or Grilled Chicken Brea Whole Grain, Classic Sesame, or Pretze
A LEONALIE S	Sweet & Spicy BBQ Chicken Flatbread	Penne alla Caprese Cherry Tomatoes, Mozzarella, and Fresh Basil drizzled with Garlic Olive Oil	Homemade Pepperoni* Calzone Deluxe	Three Cheese Ravioli in Tomato Basil Marinara	Prosciutto* Pizza Sliced Prosciutto, Grated Mozzarella & Parmesan topped with Fresh Arugula & drizzled with Garlic Olive Oil	Fruit & Veggie B
Vos Hermanos	Burrito Bowl V Diced Chicken, Fajita Beef, or Spicy Lentil Salsa Pressa del Día Traditional Pico de Gallo	Grilled Quesadillas V Sliced Beef, Diced Chicken, or Veggie & Bean Medley Salsa Pressa del Dfi Roasted Corn Tomato Garlic	Nacho Supreme V  Beef Barbacoa, Ground Turkey, or Spicy Lentil  Salsa Pressa del Día Tomatillo & Cilantro Com	Taco Bar V Grilled Cilantro Fish, Diced Chicken, or Spicy Lentil Salsa Fresca del Dfa Chopped Avocado Jicama	Sizzlin' Fajitas V Beef Barbacoa, Fajita Chicken, or Southwestern Black Bean Spicy Salsa Verde	Featuring local productive with Fresh Picked Fruit and Garden Vegeta 100% Fruit Juice, and Fruit in 100% juice
	The Swiss Burger V Grilled Mushrooms, Sautéed Onions & Melted Swiss Cheese	Cowboy Burger V Jalapeños, Guacamole, & Pepper Jack Cheese	The Gourmet  Morning Burger   Peanut Butter, Fried Egg, Bacon* & Cheddar	Pizza Italiano Burger V Mozzarella, Tomato Marinara & Giardinera	El Diablo Burger V Spicy Cheddar Sauce, Jalapeños & Sriracha Aioli	Delf Express  V Made to Order Deli Sandwiches, Wra Salads with a Variety of Deli Meats, Cl
<b>J</b> r's	Toasted Turkey BLT*	Tuna Cheddar Melt	Croque Monsieur Ham Panini*	Jalapeño Popper Grilled Cheese	Toasted Chicken Alfredo Wrap	Toppings, Dressings & Vinaigrette with Fresh Baked Rolls, Sliced Bread Tortillas as well as Fresh, Local Prod
aarden spot	Buffalo Chicken Crispy Baked Chicken tossed in Buffalo Sauce over a bed of Romaine Ribbons with Carrots & Blue Cheese Crumbles	Greek Chicken Grilled Lemon Oregano Chicken Breast, Feta, Olives & Roasted Peppers over a bed of Baby Spinach	Tuscan Tuna Tuna tossed with Fresh Lemon, Olive Oil, Garlic & Parsley with Roasted Red Pepper, Red Onion & Chopped Spinach	Black & Blue Juicy Sliced Steak with Crumbled Blue Cheese & Tomato Wedges over Crisp Romaine & Peppery Arugula	Mediterranean Chickpea Cherry Tomatoes, Cucumber, Red Onion, Fresh Parsley & Dill over Chopped Romaine drizzled with House Balsamic	Questions  Call Food Service XXX XXXXXXXXX Menu changes may be necessary, Notice will be given when the changes Mutrition & Allergy Guesties Office.
Fresh N' Go	Spicy Roasted Red Pepper Hummus Soft Pita Wedges & Fresh Veggie Crudité	Protein Power Pack Hard Egg, Cheddar, Almonds & Craisins	Jalapeño Lime Hummus Soft Pita Wedges & Fresh Veggie Crudité	Nibbler Pack Nut Butter, Multigrain Crackers, Apple Slices & Celery Sticks	Lemon Garlic Hummus Soft Pita Wedges & Fresh Veggie Crudité	Menu changes may be necessary, Notice will be given by the comprehensive Nutrition & Allerdy Gu is available in the Food Service Office in the Comprehensive Comprehensi